

## Clinic Neustadt an der Aisch



## Information on Obstetrics



### Classes and services offered:

- information on lactation and breastfeeding
- Swimming mother and baby
- Post-natal exercise classes
- baby bonus pass
- baby massage courses



*Customer  
friendly staff*



**Klinik Neustadt a.d. Aisch**  
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**Geburtshilfe - Gynäkologie**  
head of department:  
Chefarzt J. Goldzinski  
phone: 09161 70-2201

## During pregnancy:

Once you have decided to give birth in Neustadt / Aisch, please call your midwife or outpatient clinic.  
Phone No. 09161 70-2201



*OB/GYN Physician*

- Pre-natal classes
- Delivery Room tour
- Pre-natal exams



*Lactation and breast feeding tips*

## Delivery:

- Family friendly in a secure environment
- Individual care by our midwives
- Clinical staff is available 24h
- Three comfortable delivery rooms with modern equipment
- Water birthing available upon request
- Individualized pain management



*Birthing tub*

- Acupuncture, homeopathic therapy and aromatherapy
- Ambulatory delivery possible (same day discharge)
- Anesthesia (epidural) possible upon request

## After delivery



*nursing staff in nursery*

About two hours after delivery you and your newborn will be transferred to the obstetric ward.

- 24h nursing and medical care
- Rooming in
- Family room offered based on availability
- Lactation and breast feeding tips
- Newborn screening for hearing
- Newborn follow-up
- Unrestricted visiting hours during the day